



Swami Vivekananda Yoga Anusandhana Samsthana
THE SCHOOL OF YOGA AND NATUROPATHIC MEDICINE

Time Table- August-December 2021

MD (Yoga)- 1st Semester

Venue: Sambhuti

Day	5 – 6 AM	9 – 10 AM	10 - 11AM	11 - 12 AM	12 - 1 PM	1 - 2 PM	2 – 3 PM	3 - 4 PM
Mon	MDYP-103	Self- Study	MDYP-101	MDYT-105	MDYT-102	L	MDYT-101	MDYT-104
Tue	MDYP-103	MDYP-102	MDYP-101	MDYT-105	MDYT-102	U	MDYT-101	MDYT-104
Wed	MDYP-103	MDYP-102	MDYP-101	MDYT-105	Research work	N	MDYT-101	MDYT-104
Thu	MDYP-103	MDYT-102	MDYP-101	MDYT-105	Research work	C	MDYT101	MDYT-103
Fri	MDYP-103	MDYT-104	MDYP-101	MDYP-101		H	MDYT-103	MDYT-103
Sat	MDYP-103	MDYT-104	MDYP-101	Case Discussion/ Journal Club			MDYT-102	MDYT-103

Subjects with Code	Faculty	Credits	Hrs
Yoga medicine-1 MDYT-101	Dr. Nagarathna/ Dr. Suchitra	04	60
Clinical Methods MDYT-102	Dr.Rithesh C	04	60
Vedas, Upanishads and Darshnas MDYT-103	Mr. Naveen	04	60
Sanskritam MDYT-104	Mr. Surendra	02	30
Research Methodology MDYT-105	Dr. Raghavendra Bhat	04	60
Yoga Medicine clinical-1 MDYP-101	Dr. Suchitra	02	60
Clinical Methods Practice MDYP-102	Dr. Rithesh C	02	60
Asana, Pranayama, Meditation I, MDYP-103	Dr. VikasRawat	02	60
Yoga Therapy Practice, MDYP-104	Dr. VikasRawat	02	60
Total Credits & Hrs		26	510

Coordinator MD (Yoga)

Dr. Apar A Saoji
Principal

The School of Yoga and Naturopathic Medicine
S-VYASA (Deemed to be University)
Bengaluru

Dean of Academics

Dr. Sony Kumari
MA, Ph.D

Dean of Academics- In-charge