

**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA (S-VYASA)**  
(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

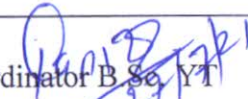
**Time Table– August – December 2021**

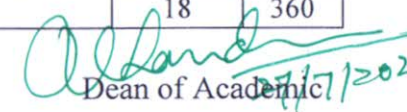
B.Sc. (Yoga and Consciousness) - III Semester

S-VYASA/BScYC/TT/ Aug/2021

|            | 6- 7.00 am | 9 - 9.50 am | 10-10:50am  | 11-11.50am  | 12-12.50 am | 2 – 2.50pm | 3 - 4:50pm |
|------------|------------|-------------|-------------|-------------|-------------|------------|------------|
| <b>Mon</b> | BSYTP 306  | Self study  | BSYCTE1 301 | BSYC T 303  | BSYC P 305  | BSYCT 302  | BSYC P 307 |
| <b>Tue</b> | BSYTP 306  | Self study  | BSYCTE1 301 | BSYC T 303  | BSYC P 305  | BSYCT 302  | BSYC P 307 |
| <b>Wed</b> | BSYTP 306  | BSYCT 304   | BSYCTE1 301 | BSYCTE2 301 | BSYC P 305  | BSYCT 302  | BSYC P 307 |
| <b>Thu</b> | BSYTP 306  | BSYCT 304   | BSYCTE1 301 | BSYCTE2 301 | BSYC P 305  | BSYCT 302  | BSYC P 307 |
| <b>Fri</b> | BSYTP 306  | BSYCT 304   | BSYC P 305  | BSYC T 303  | BSYCTE2 301 | BSYC P 305 | BSYC P 307 |
| <b>Sat</b> | BSYTP 306  | BSYCT 304   | BSYC P 305  | BSYC T 303  | BSYCTE2 301 | BSYC P 305 | BSYC P 307 |

| Subjects with code  | Faculty              | Credits | Hrs |
|---|----------------------|---------|-----|
| BSYCTE1 301 Methods of Teaching Yoga                            | Dr. Balram P         | 3       | 45  |
| BSYCTE2 301 Life and Message of Ancient Yoga Masters            | Mr. Naveen Kumar H   |         |     |
| BSYCT 302 Introduction to the Vedas and Vedangas                | Mr. Naveen Kumar H   | 3       | 45  |
| BSYC T 303Yoga Vasishtha  | Dr.Soubhagyalaxmi    | 3       | 45  |
| BSYC T 304 Essence of Bhagavad Gita for Personality Development | Dr. Samatha P        | 3       | 45  |
| BSYC P 305 Vedic principles and practices - 3                   | Mr. Surandra Kumar   | 2       | 60  |
| BSYC P 306 - Yoga Practices                                     | Mr. Zayeem           | 2       | 60  |
| BSYC P 307 Kriya & Pranayama Level -2                           | Mr. Parameshwar Some | 2       | 60  |
| <b>Total Credits &amp; Hrs</b>                                  |                      | 18      | 360 |

Coordinator B.Sc. YTT  
  
**Dr. Vikas Rawat**  
 Co.ordinator - B.Sc Course  
 S-VYASA Yoga University  
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 Dean of Academic  
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